

## Christian Life Program

An **eight-week** program to help you understand your faith and what it offers.

Topics include:

- (1) **God's Love.** Teaches us about how God loves us and His plan for our lives.
- (2) **Who is Jesus Christ.** Many of us will be surprised to learn even more details about Our Lord Jesus.
- (3) **What it means to be a Christian.** There is more to being a Christian than most of us think.
- (4) **Repentance & Faith.** The fundamental reason God sent His only begotten Son.
- (5) **Christian Ideal Loving God.** An understanding as to what Loving God means to our lives.
- (6) **Loving your Neighbour.** Being a Christian is more than just accepting Christ. It has ramifications to how we live our life out in our world.
- (7) **The Christian Family.** The family is the "Domestic Church".
- (8) **Life in the Holy Spirit.** Learn about the power that we receive through our confirmation to live out our Christian life.
- (9) **Baptism in the Holy Spirit.** Experience the gift of God's Divine power.
- (10) **Growing in the Spirit.** Learn how to grow in the love and the power of the Holy Spirit.
- (11) **Life & Mission of CFCA.** Hear about how you can continue your growth as a Catholic Christian.
- (12) **Transformation in Christ.** Where to next?

**CLP is for everyone!** It's especially intended for:

- Married Christian Couples
- Christians of other denomination
- People from all sectors of society, including:
  - Singles, 19 yrs. Old & up
  - Widows/Widowers
  - Separated/Divorced

**CFCA Family Ministries**  
**Kids for Christ (KFC)**  
**Youth for Christ (YFC)**  
**Singles for Christ (SFC)**  
**Handmaids of the Lord (HOLD)**  
**Servants of the Lord (SOLD)**

Website: <https://www.cfcaustralia.org>

For more information please contact:

**Mario & Emily Lizada**

Mob: 0438 632 730

Mob: 0411 444 751

**Bet & Lani Galaroza**

Mob: 0438 463 889

Mob: 0402 082 454

**Ruben & Lilia Nool**

Mob: 0418 866 727

Mob. 0439 972 227

**Erick & Sheryl Esplanada**

Mob: 0415 938 344

Mob: 0415 938 093

**Larry & Rose Catimbang**

Mob: 0434 760 768

Mob. 0432 301 902

**Rey & Mel Legaspi**

Mob: 0401 254 913

Mob. 0415 976 009

**Nards & Mary Manzano**

Mob: 0412 421 286

Mob: 0411 024 078

*Children are welcome! Babysitting and child minding will be available during the Christian Life Program (CLP). There will be activities for the kids.*



**A Christian Family Life  
Renewal Movement**

**An invitation to a  
Christian Life  
Program**

**HOLY FAMILY CATHOLIC  
CHURCH**

**No 136 OXFORD ROAD INGLEBURN**

**4 FEBRUARY – 24 MARCH 2024**

**Time: 1:00-4:00 PM**

### **Who is Couples for Christ Australia?**

*Couples for Christ Australia (CFCA) is a Catholic charismatic renewal community, whose goal is to strengthen the Christian families. The members have committed themselves to the Lord and to one another so that they may grow in maturity as men and women of God and fulfill their primary vocation of raising up families under the lordship of Jesus Christ and for the service of the Kingdom of God.*

*Couples for Christ is a work of Christ which raises up Christian couples and establishes Christian families committed to the work of evangelization, winning the world for Christ and Total Human Liberation through the power of the Holy Spirit. CFCA is a Christian family life renewal program made available to Parishes and group of married couples who wish to live out their Christian life in an active supportive relationship with one another. CFCA is now present in all Australian states.*

### **Why is such ministry necessary?**

*It is God's plan that the family be the basic unit of society. However, there are many forces in the world today that would, wittingly or unwittingly, destroy the very foundation of the family. CFCA wants to rise in defense of the family, which is God's work. CFCA wants to bring God's strength and light to those who are struggling to be truly Christian families in the modern world.*

### **How does Couples for Christ Australia intend to work for Christian family renewal?**

*CFCA intends to carry out its work by focusing on three (3) specific objectives:*

1. **Individual renewal.** *Before one can consider the whole family, the husband and the wife need to renew their commitment to God. CFCA takes the basic message of Christianity and proclaims it anew so that those who hear it*

*can make a renewed commitment to God in a way that will allow them to receive a fuller experience of the work of the Holy Spirit in their lives.*

2. **Family renewal.** *As couples renew their commitment to God, they also renew their commitment to one another and to their Christian family life. Gradually, the new life that they find in the Lord filters down to all their family.*
3. **Parish renewal.** *As individual families are renewed, they form a network of equally committed families that not only support one another but also strengthen the Parish of which they are members.*

### **How about Christian formation?**

*Completing the CLP is just the beginning of a long process of growth and transformation in Christ. As such, CFCA provides a continuing program of formation which includes teachings, recollections, retreats, conferences, trainings, etc.*

### **What benefits can a Parish derive from having Couples for Christ?**

*There are a number of benefits:*

1. *Couples are renewed and strengthened in their Christian lives. Strong couples make for strong families, which make a strong Parish.*
2. *A basic CFCA objective is to be relevant to the life of the Church, specifically in the Parish. CFCA members are expected to support their Parish Priests and be available for Parish services.*
3. *CFCA can be effectively used in the strategic evangelization of parishioners who are potentially strong servants and workers for the Parish.*
4. *CFCA members can be tapped for many important services, such as Eucharistic Ministers, choir, pre-marriage counseling,*

### **Is Couples for Christ recognized by the Catholic Church?**

*"...The aims and goals of Couples for Christ are admirable, seeking as they do, to evangelize married couples, to renew and strengthen family ties and Christian family life. They could well be described as beacons in a sea of materialism.*

*I concur heartily with, and support, your witness and dedication to these ideals, and ideals they are, for they shine like the proverbial lamp in a sea of secular obscurity. I pray for all of you and your families. May you continue to spread your message of Christian love"*

*(Signed)*

**Most Rev. Anthony Fisher OP**  
**ARCHBISHOP OF SYDNEY**

---