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Holy Family Catholic Parish

INGLEBURN & MINTO

Holy Family Church
 136 Oxford Rd
 Ingleburn

Holy Trinity Church
 57 Guernsey Ave
 Minto

Parish Office: 136 Oxford Rd
 (PO Box 111) Ingleburn NSW 2565
Website: www.hfi.org.au
Email: ingleburn@dow.org.au
Hours: 8.45am-2.45pm Tues-Thurs
Phone: (02) 9059 4134

Fourth Sunday in Ordinary Time, Year B
28 January 2024

Reflection

In the Gospel reading this Sunday Jesus is approached by a man with an unclean spirit. The man's loud scream sets up a confrontation between the power of God mediated through Jesus and the forces of destruction that often take hold of human lives. Jesus silences and expels these destructive forces and thus renders a seriously troubled person whole. In the ancient world, such forces were often personified as demonic beings. Confounding such "unclean spirits" brought social and communal benefits to the troubled person as well as physical and emotional healing.


God's reign is made real through a healing action that is perceived as "a new teaching". In this instance, Jesus' words, "*Be quiet! Come out of him!*" effect the cure of a deeply troubled person. For Jesus and his disciples, as for us, congruence between words and actions is integral to authentic gospel proclamation. While words have their place, we teach primarily by who we are and what we do.

Jesus is demonstrating to his followers that the gospel they are to proclaim is grounded in the ordinary struggles of ordinary people. This gospel carries the power to lift the burdens and restore the troubles of our world to wholeness and health. We may wish to acknowledge the "unclean spirits" that take hold of us from time to time and thus open ourselves to the power of God mediated through God's healer-teachers in our time.

CATECHISTS NEEDED Jesus said: "*Let the little children come to me*".

If you are interested in being trained as a Catechist now, to be available to start helping in the schools at the beginning of 2024, we would love to hear from you! We could do with some more help.

Please contact the parish catechist coordinator, Jo Mortimer (ph: 0402974473) or leave your name and contact details on the clip-board on the catechist display table in the church foyer. Once you have completed the short training (face-to face course in February, in Campbelltown, or on-line training option), you would be teamed -up with a trained catechist and start helping in a class. You might remain as a helper, or eventually take your own class. We need catechists for schools on either Tuesday, Wednesdays or Fridays in term time. It is a very enjoyable and wonderful opportunity to serve God!



COUPLES FOR CHRIST AUSTRALIA
 (Established August 1988)

**A Christian Family Life
 Renewal Movement**

**An invitation to a
 Christian Life
 Program**

**HOLY FAMILY CATHOLIC
 CHURCH**
No 136 OXFORD ROAD INGLEBURN
4 FEBRUARY – 24 MARCH 2024
Time: 1:00-4:00 PM

Ash Wednesday Mass Times



Holy Family

Wednesday, 14 February 9am
 Wednesday, 14 February: 7pm

Holy Trinity

Wednesday, 14 February: 6pm

QR Codes – Warning

Wollongong Police District would like to let you know that there has been an increase in QR code scams. The fake QR code stickers are normally placed over existing QR codes or fake signs are placed near locations. The user is then sent to a fake site where the user is asked to enter sensitive information that is then either sold or used for fraud related offences. Please be careful when using QR codes and stay vigilant.

BEWARE of QR CODES

Fake or malicious QR codes may have embedded malware that redirect victims to a 'phishing' (faked page asking victims to enter sensitive information).

What to do if you are a victim:
 Report to Police or at Cyber.gov.au & Scamwatch.gov.au
 Contact nsf@nsw.gov.au for image-based abuse (sharing or threatening to share intimate images without consent)



NSW

Tuesday Evening Mass Change

A reminder of the changes to Tuesday evening Mass and Adoration:

6.30pm: Rosary.
 Confession is also available during this time.
 7pm: Mass
 7.30pm: Adoration of the Blessed Sacrament

SERVICE TIMES			
Holy Family	Mass	Wed - Fri	9am
		Tue	7pm followed by Adoration
		Sat	5pm Vigil
		Sun	9am and 5pm
	Benediction	First Friday of each month	9.30am
Reconciliation		Tue Sat	6.30pm - 7pm 9am - 10am
Holy Trinity	Mass	Wed	6pm
	Mass	Sun	8am

What's On In Our Parish

- 1 February First Day of Term 1 (Years 1 to Year 6)
- 3 February Church Cleaning - Team "A"
- 7 February First Day of Term 1 (Kindergarten)
- 17 February Church Cleaning - Team "B"
- 24 February Ministry Workshop - 9.30am to 11.30am
- 16 March Ministry Workshop & Training - 9.30am to 11.30am

Liturgical Dates

- 27 January Sts Timothy and Titus, *Bishops*
- 28 January St Thomas Aquinas, *Priest and Doctor of the Church*
- 31 January St John Bosco, *Priest*

LENTEN PROGRAM 2024

The *Pietà* Lenten Program 2024 will be available for purchase in our Parish shortly.



We pray ... For peace in the world and especially for people suffering because of war and violence.
For those affected by natural disasters.
For all the forgotten Souls and Holy Souls in Purgatory.

For the sick and homebound: Celine Dion, Trevor Clancy, Peter Anthony Jacobs Snr, Father David Catterall, Erwin Andrade, Gina Macalalad, Marie Crotty, Sybra Hunt, David Harrison, Ann Marie Praud;
Our sick relatives, friends and parishioners and all who have nobody to pray for them.
May the saving power of the risen Lord bring healing, comfort and peace to their bodies and send strength to their carers. Amen.

For our recently dearly departed: Patrick McNamara, Dominic Merlino, Yvonne Bell, Filippo Carmelo D'Antone, Draga Milicevic, Elian Pascal, Noal Bornstein, Dewi Suyati, Ron Perry, Ferdie Melder, Richard Gallaty, Paul Collins; Margaret Mary Clifford, Victor Jack Parkins, Lionel Dunkley, Mary Brown, Yolande Herisson, Patiariki Joseph, Val Morris, Margaret McNamara, Eugenia Villarosa, Kevin Sequeira, Dawn O'Donohue, Jolanta Swierk, Mary King, Joaquim lopes, Anthony (Tony) Heginbotham, Lally Sabater, Lesley McFarlane.
*Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.
May the souls of the faithful departed through the mercy of God rest in peace. Amen.*

For those whose anniversaries occur at this time: Remedios Ladera, Hubert Pereira, Queenie Pereira, C. Peter, Ezio Epifania, For all children who have passed away; Members of the Hay family.
Having returned to the Father, may they rest in peace. Amen.

Prayers of thanksgiving and personal intentions: Rita Bartley.



Children's Liturgy
of the Word

Children of the Parish are invited to participate in Children's Liturgy of the Word which is held every Second and Fourth Sunday of the month during the 9am Mass.

During the Mass, Father calls the children forward after the Introductory Rites and they follow their adult catechists to their worship space where they take part in the Sunday Scripture at an age appropriate level with terminology that will assist the children to understand and appreciate the Gospel message. The children return to Mass to sit with their families after the General Intercessions to celebrate the Liturgy of the Eucharist.

SACRAMENTAL PROGRAMS 2024

Sacraments of First Reconciliation and First Holy Communion

If your child is in Year 3 or above, and has been Baptised, they are eligible to receive the Sacraments of First Reconciliation and First Holy Communion in our parish.

The Sacrament of First Reconciliation will be held on Friday, 22nd March 2024.

The Sacrament of First Holy Communion will be held on Sunday, 2nd June 2024.

Additional information and registrations forms will be available from the parish website shortly.

Sacraments of Confirmation

If your child is in Year 6 or above, has been Baptised and has received the Sacraments of Reconciliation and First Holy Communion, they are eligible to receive the Sacrament of Confirmation.

The Sacrament of Confirmation will be held on Sunday, 29th September 2024.

Additional information and registration form will be available in mid-2024.

FRIDAY WITH THE WORD OF GOD

Please join us in the Parish Meeting Room every Friday evening from 7pm (for approximately 1 hour). The focus is on the coming Sunday readings. Text will be provided or you are welcome to bring your own bible.

There will be specific programs for Advent and Lent.

Friday with the Word of God will resume at **7pm on Friday, 2 February.**



Ministry Workshop

Sr Monica and her team will be hosting a follow-up of the Ministry Workshop courses on Saturday, 24 February between 9.30am and 11.30am. **This workshop is ONLY for those who attended Part 1 and Part 2 in 2023.**

Online registration will be available shortly.

Ministry Workshop and Training

On Saturday, 16 March from 9.30am to 11.30am, a Workshop and Training Course will be held for anyone interested in becoming an Extraordinary Minister of Holy Communion to the Sick and Homebound.

Online registrations will be available shortly.